Brimsham Green School's mental health and wellbeing offer: 2026-2027

- The Universal Offer is a strategic tool that all staff can use to help identify what interventions, strategies and support we can offer to students who require further help in terms of their mental health and wellbeing.
- The Universal Offer is also for parents and guardians to understand how Brimsham Green School supports students with their mental health and wellbeing, and also so that they have access to resources to support their child.
- At the 'targeted' and 'specialist' provision tiers we will *sometimes* follow the Assess, Plan, Do and Review cycle.

Three tiers of support
Specialist: As a consequence of these students continuing to have mental ill-health, and where this is having a detrimental impact on their attendance and progress at school, external agencies are involved, offering help and advice.
Targeted: Despite accessing their own support from the Universal offer, these students continue to need further support for their mental health and wellbeing. These interventions work alongside the support the students have accessed independently.
Universal: Students recognise their own needs and are able to access support independently.

	Universal Provision, 2026-27	Targeted Provision, 2026-27	Specialist Provision, 2026-27
Monitored by:	**Student**	**SSCO/Senior Behaviour Lead/Tutor/Head of House/HLTA/Deputy SENDCo/SENDCO**	**SENDCO/Head of House/AHT/DHT**
What it *might* look like:	Mild/temporary anxiety, stress, friendship issues	Persistent anxiety, emotional regulation difficulties, emerging attendance concerns linked to mental health	Significant/persistent mental health difficulties affecting attendance/progress/safety
Social, Emotional and/or Mental Health Needs	Discussion topics in tutor time, assembly and PSE lessons Request tutor time mentoring during assembly Access support via: • Kooth (www.kooth.com) • Off the Record resources (www.otrbristol.org.uk) • Mind resources (www.mind.org.uk) • NSPCC resources (https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/) • Sirona Nurse ChatHealth (https://sirona-cic.org.uk/children-services/services/school-nursing-service/ • SilverCloud (https://northpoint.jotform.com/252652370816357) Drop in to see school nurse (every Monday in the ELSA room) Request ad hoc 1:1's with Student Support Team Share how you're feeling on the Community Reporting Tool: https://form.thesafeguardingcompany.com/5ad7354b-0bef-4c62-8c7d-8226694528e0	Telephone 111 and select the mental health support option Planned 1:1 intervention with Student Support Team ELSA intervention Access to Emotion coaching intervention Referral to School Nurse Corridor Pass Use of South Glos EBSA toolkit resources Self-referral to Education Mental Health Practitioner https://gateway.mayden.co.uk/referral-v2/aeb796da-dcfa-4ba6-b00f-9e87255ee0da **Advice for staff:** Consultation with COMPASS	Telephone the CAMHS crisis line: 0800 9539599 Referral to Family Link Worker (where SEMH impacts attendance) Referral to CAMHS (Head of House/AHT/DHT) Referral to LA for Section 19 support (where there is specialist support in place) Referral to counsellor Referral to Educational Psychologist **Advice for staff:** Consultation with Primary Mental Health Specialist Consultation with Educational Psychologist Raise at weekly Inclusion meeting